

# Wheel Of

# LIFE

THE WHEEL OF LIFE IS A GREAT TOOL THAT HELPS YOU BETTER UNDERSTAND WHAT YOU CAN DO TO MAKE YOUR LIFE MORE BALANCED. THINK ABOUT THE 8 LIFE CATEGORIES BELOW, AND RATE THEM FROM 1 - 10. THIS WILL HIGHLIGHT THE AREAS OF LIFE THAT ARE NOT CURRENTLY AS FULFILLED AS THEY COULD BE.

